



# RUNSENSE

DARE YOURSELF TO RUN ANOTHER MILE

[www.epson.co.uk/runsense](http://www.epson.co.uk/runsense)

**EPSON**<sup>®</sup>  
EXCEED YOUR VISION



## **DIG DEEPER GO FURTHER MAXIMISE YOUR POTENTIAL**

Runsense GPS sports monitors let you plan your training and accurately monitor your performance. Never lose track with these accurate and intelligent GPS running monitors with Smart Stride Sensor<sup>1</sup> and long battery life.

The device is suitable for monitoring running, cycling and walking, and can also be used at the gym with the indoor mode. It has four customisable screens that can provide more than 35 different measurements, including time elapsed, distance, pace, laps, intervals, speed and calories burned, while powerful training modes help athletes achieve better results.

## VIEW THE RANGE

Choose the Runsense model that is right for you.

**RUNSENSE**  
**SF-310G**



**RUNSENSE**  
**SF-510F**



**RUNSENSE**  
**SF-710S**



**RUNSENSE**  
**SF-810B**

BUILT-IN HEART  
RATE SENSOR



BUILT-IN HEART  
RATE SENSOR



**RUNSENSE**  
**SF-810V**



FIND OUT MORE



# RUNSENSE BENEFITS

## ACCURATE EPSON GPS SENSOR

Epson has been developing GPS components for smartphones and other industrial devices for many years. Runsense is built around a new highly accurate and energy-efficient GPS chip.

## SMART STRIDE SENSOR<sup>1</sup>

We have developed an intelligent smart stride sensor<sup>1</sup> for Runsense that precisely measures stride length and pitch while also learning an individual's running technique. If GPS signal is lost due to overhead cover or interference, Runsense will continue to track distance and pace data.

## LONG BATTERY LIFE

Up to 30 hours of GPS tracking, which is up to three times longer than comparable competitor products<sup>4</sup>.

## CUSTOMISABLE SCREENS

You can view real-time data at a glance on four customisable screens with up to three measurements on each, chosen from a huge range of options.



## ANALYSE AND EVALUATE

Users can download their workouts to monitor, analyse, compare and even share stats to maximise their potential. View your data over a month, year or use the comparison tool, to see trends or to track performance.

## WATER RESISTANT

Water resistant to 5 bar means you don't need to worry about running in the rain. In fact, you can even swim wearing Runsense without an issue.

## COMPACT LIGHTWEIGHT DESIGN

Comfortable to wear and easy to read while on the run.



TIME



DISTANCE



CALORIES



PITCH<sup>1</sup>



STEPS<sup>1</sup>



STRIDE<sup>1</sup>



ASCENT<sup>2</sup>



DESCENT<sup>2</sup>



SPEED



PACE



HEART RATE<sup>3</sup>



## STAY CONNECTED

With the Run Connect phone app you can upload your data directly to the Cloud and access data simply and easily for analysis on the go. The app also enables AGPS (Assisted GPS) to download GPS satellite data directly to the device for faster initial GPS connection. Create and save workout settings and customise your screen selections to send to the Runsense device.

The Runsense View Portal provides online storage and analytical tools for your exercise data.

The dashboard provides a summary of your workouts and progress towards the set long term target.

Use the comparison tool to put two workouts head to head for detailed analysis.

**“Epson Runsense is the ideal product for keeping me on track with real-time data on my pace, heart rate, and distance.”**

Endorsed by Meb Keflezighi – Marathon Champion and Olympic Silver Medalist



## DARE YOURSELF

Equipped with advanced training modes and programmable<sup>5</sup> lap, pace and interval training, you can view real-time data at a glance.

For those looking to achieve their personal best, the device can be programmed to set a time or distance target and will estimate your finishing time or distance based on the set target.

Pace can be managed accurately as Runsense will alert you when you fall outside your chosen pace window, while the in-built heart rate monitor or optionally available chest strap mean that runners can train within their heart rate zones to maximise training efficiency.

RUNSENSE FEATURES	SF-310	SF-510	SF-710	SF-810
Highly accurate Epson GPS sensor	•	•	•	•
Long battery life (GPS/HR* on)	30hrs	30hrs	30hrs	20hrs*
Heart rate	Optional chest strap	Optional chest strap	Optional chest strap	Built-in
Pace/Speed/Distance/Calories/Interval training	•	•	•	•
Pitch & Stride measurement/Smart Stride Sensor	—	•	•	•
Indoor Mode	—	•	•	•
Measurement Modes (Run, Walk, Bike)	•	•	•	•
Laps (Time, Distance or Manual)	Yes	Yes	Programmable	Programmable
Analyse, manage, compare & share your performance	•	•	•	•
Free app to manage settings & fast GPS connection	•	•	•	•
Water resistant	5bar	5bar	5bar	5bar
Waypoints	—	—	•	—
Auto Pause	•	•	•	•
Alarm (Distance, Pace, Heart-rate, Waypoint*)	Tone	Tone	Tone & Vibration*	Tone & Vibration
Assignable tap function (switch screens, turn on light, set laps)	—	•	•	•
Internal Storage	400 laps	400 laps	400 laps	400 laps

1. Not available on the SF-310.
2. Not available on the SF-310/SF-510.
3. Optional chest strap required for the SF-310/SF-510/SF-710.
4. Compared to Garmin and TomTom devices checked on 01/07/2014.
5. SF-710 and SF-810 only.

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